

Join Dr. Bain for a Wellness Workshop on:

How To Thrive, Not Just Survive Winter!

Saturday, November 14

Healthy Cooking of Texas

3440 Eldorado Parkway # 4, McKinney, TX

Dr. Bain will discuss:

Why we are all so sick and how we can get our
health back!

Strategies for winter wellness

Functional medicine approach to Raising
Healthy Kids

Guest Julie Hornok will discuss:

Essential Oils for Whole body wellness and
Immune System Health

Don't miss out! Space is limited. RSVP today

officemanager@healthykidspediatrics.com.

Please include number of adults attending in your email.